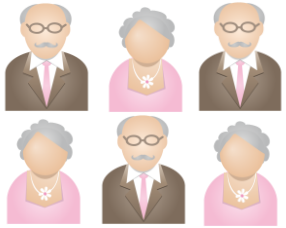
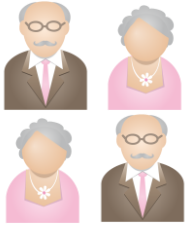
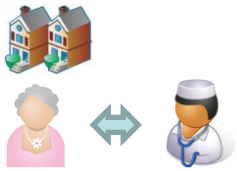
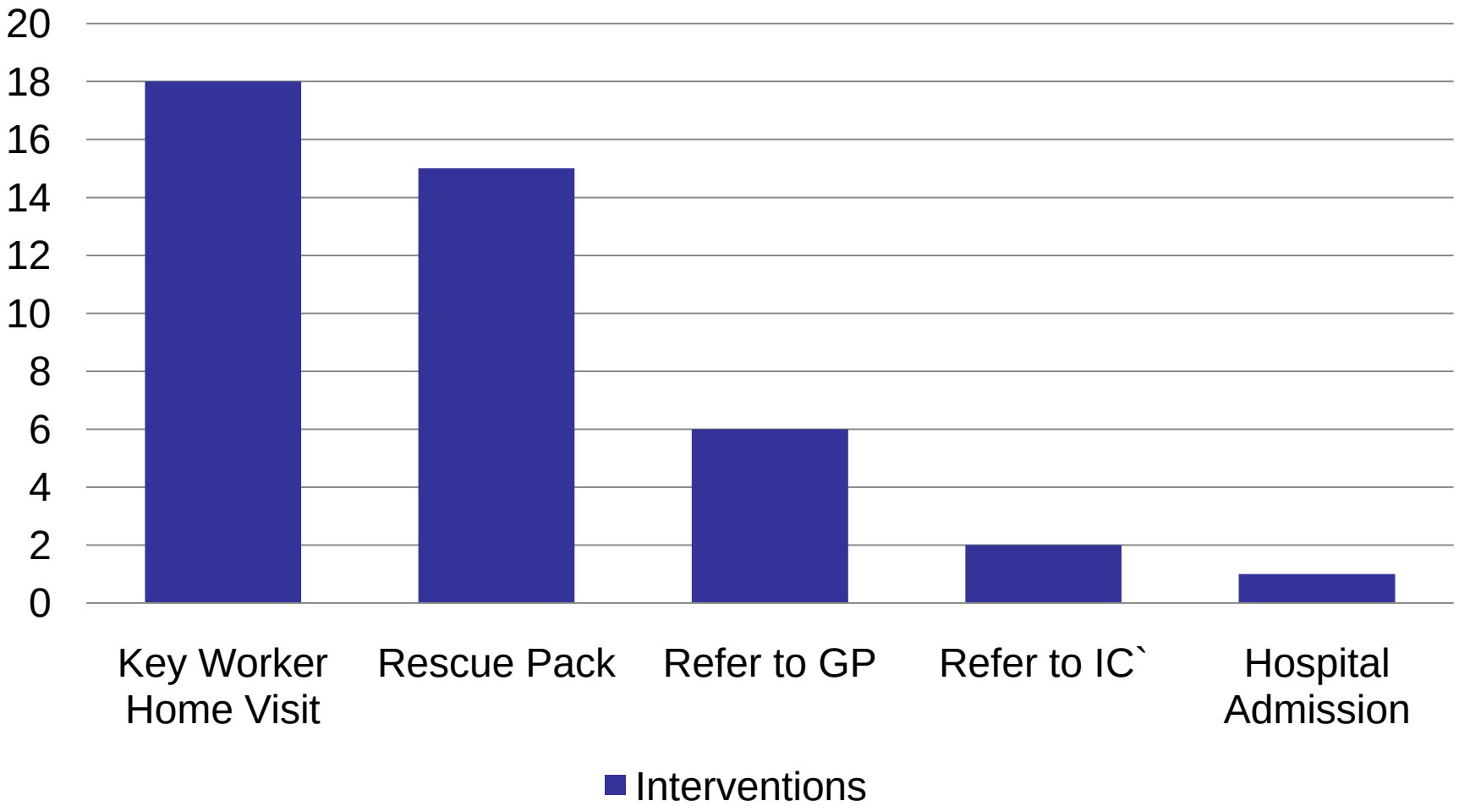
TCT TeleHealth Process

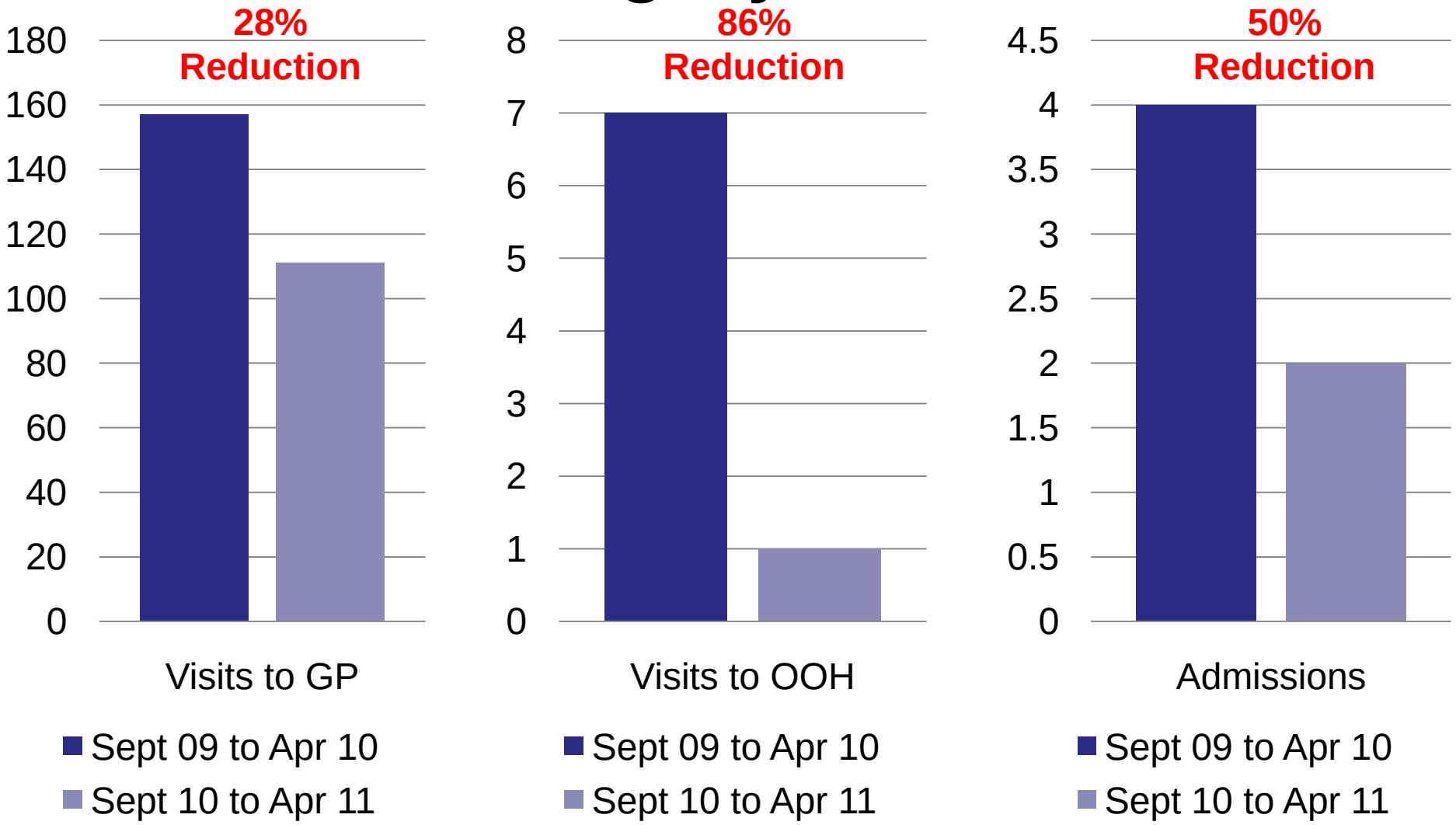
Identify Potential Patients	Filter Patient Lists	Light Touch	Cornwall PCT Install Equipment
			
£ 700,000	83 Patients	75 Patients	75 Patients

Patient Records Reading	Cornwall PCT Monitor Transmissions	TCT Key Worker Monitor Condition	Appropriate Action

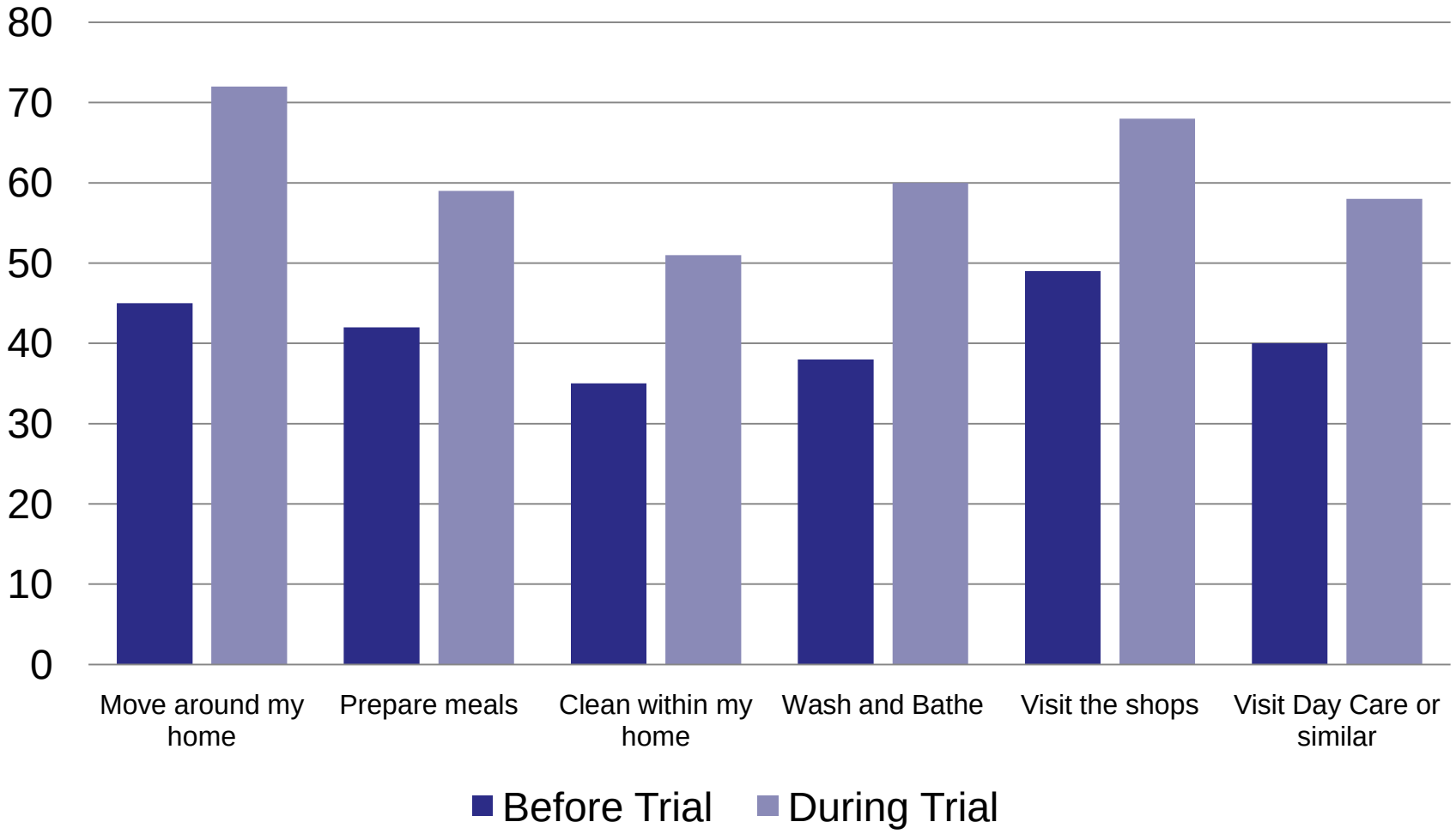
Interventions



Barton Surgery Information



I Can.....


80
70
60
50
40
30
20
10
0
Move around my home
Prepare meals
Clean within my home
Wash and Bathe
Visit the shops
Visit Day Care or similar
Before Trial
During Trial

TeleHealth - The Patients View

As a result of several low readings my COPD nurse came to me and arranged for Oxygen and a

I am now so used to doing this every day that I think I will truly miss taking the readings. The confidence that it gave me in monitoring

Have purchased my own reader so I can continue to record my readings.

To begin with I wondered what I was letting myself in for. However it was so simple and took only a few minutes to do.

Thank you for including me in the programme which I feel I have benefitted from..

Many thanks for including me in this trial. It gave me great confidence in everything. Am only sorry it has come to an end. Hope it restarts and very soon. Sorry I am late returning this questionnaire but I have been unwell. Please Torbay Care Trust allow this to resume.

It was very handy when I went to see my GP as I was able to give a picture of my ATs levels for the previous week. Prior to eing able to take my own readings I was lways unsure when to go to the doctors nd usually left it too late, thus I ended up so bad I had to be a hospital admission, but once I was able to take my own readings I had the knowledge and back up of this information to prove my point.

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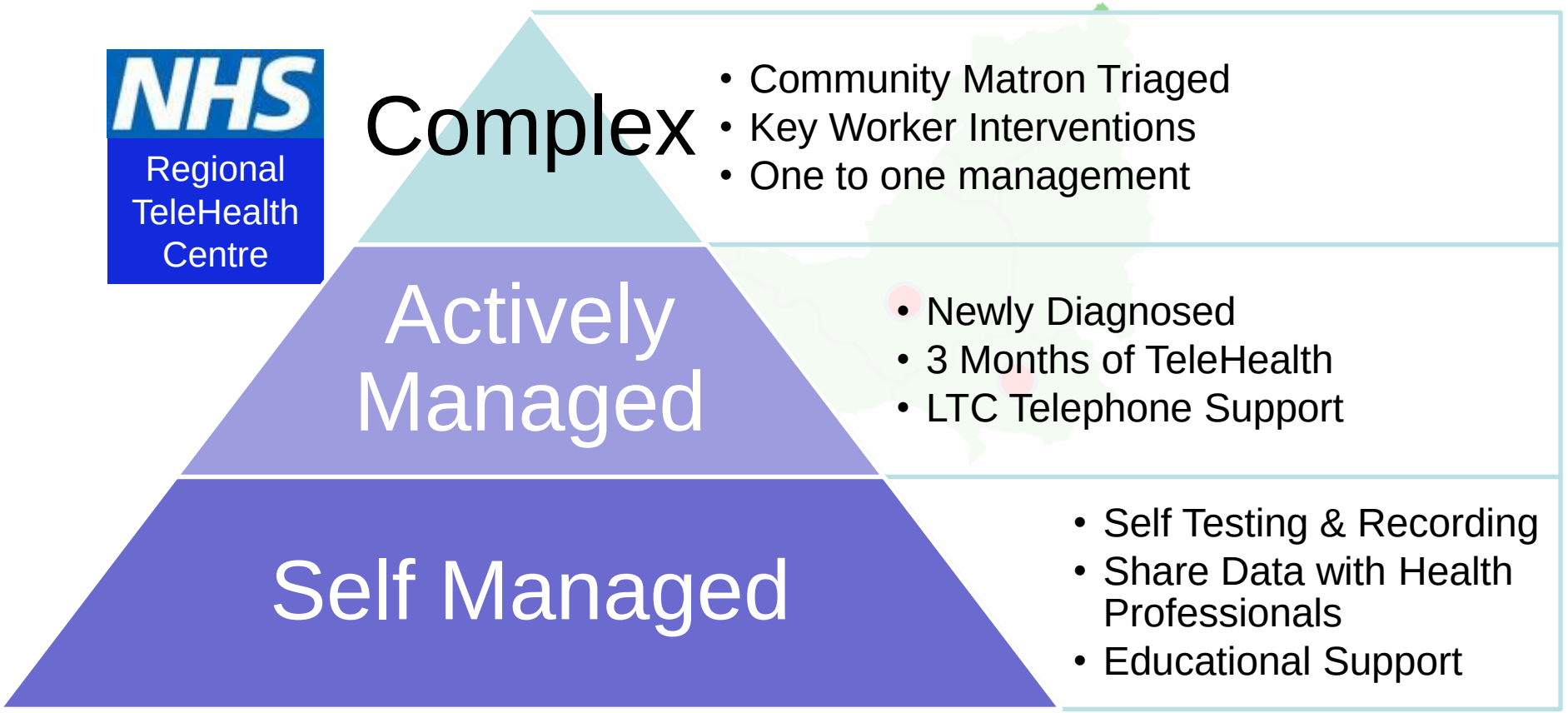
It became a very
piece of equipme
monitoring how I
feeling and actuall
indicate on several
occasions that I needed to see my GP as I did indeed have an infection, thus it kept me out of hospital.

We always knew when my husband was not feeling well.

The Future.....


NHS
Regional TeleHealth Centre
Complex
• Community Matron Triaged
• Key Worker Interventions
• One to one management
Actively Managed
• Newly Diagnosed
• 3 Months of TeleHealth
• LTC Telephone Support
Self Managed
• Self Testing & Recording
• Share Data with Health Professionals
• Educational Support